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The Neck Functional Status 10-item Short Form

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The following assessment will ask you about difficulties you may have with certain activities.

It’s an important part of your evaluation. It will help us:

- understand how your condition is affecting your activities, and
- develop treatment goals with you.

Please answer the questions with respect to the problem for which we are seeing you. Respond based on how you have been over the past few days.

Today, does or would your health problem limit:	Extreme Difficulty or Unable to Perform	Quite a Bit of Difficulty	Moderate Difficulty	Little Bit of Difficulty	No Difficulty
1. Looking up to see a bird?					
2. Performing personal care activities like washing, dressing, bathing?					
3. Moving your head quickly, such as following a loud noise?					
4. Performing recreational activities that require little effort (eg, card playing , knitting, etc.)?					
5. Turning to look behind you to drive a car?					
6. Turning over in bed?					
7. Sitting and reading a book for 1 hour?					
8. Changing a light bulb overhead?					
9. Sitting, performing light desk work for 8 hours?					
10. Performing recreational activities in which you take some force or impact (eg, golf, hammering, tennis, etc.)?					

The Neck Functional Status 10-item Short Form Scoring Algorithm

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Scoring Instructions: The respondent must answer all of the functional questions. If any questions are skipped, the measure cannot be scored. Score the measure by summing all responses. The sum should range between 10 and 50. Find the sum in the left column and select the functional status measure score in the right column.

Sum	FS Measure
10	0.0
11	18.4
12	24.1
13	27.6
14	30.2
15	32.3
16	34.1
17	35.7
18	37.1
19	38.4
20	39.6
21	40.8
22	41.9
23	42.9
24	43.9
25	44.9
26	45.9
27	46.8
28	47.8
29	48.7

30	49.6
31	50.5
32	51.4
33	52.4
34	53.3
35	54.3
36	55.3
37	56.4
38	57.4
39	58.6
40	59.8
41	61.1
42	62.5
43	64.0
44	65.7
45	67.6
46	69.8
47	72.6
48	76.2
49	82.0
50	100.0

More about the Neck Functional (FS) Status 10-item Short Form

Short forms are fixed (static) sets of items derived from a complete item bank of a computer adaptive test (CAT). To learn more about the Neck FS CAT:

1. Wang YC, Cook KF, Deutscher D, Werneke MW, Hayes D, Mioduski JE. The Development and Psychometric Properties of the Patient Self-Report Neck Functional Status Questionnaire (NFSQ). *J Orthop Sports Phys Ther.* 2015;45(9):683-692.
2. Deutscher D, Cook KF, Kallen MA, et al. Clinical interpretation of a patient-reported physical function outcomes measure generated from a neck computer adaptive test. Manuscript in progress (July 2018).

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